Susan Steiger Tebb, Ph.D., MSW, RYT-500

(314) 977-2730 (W)

University of Kansas, School of Social Welfare, Lawrence, KS. Ph.D.	1992
Roosevelt University, Chicago, IL. Post-Graduate Work (Public Administration)	1975
Wayne State University, Detroit, MI. M.S.W. (Casework)	1970
Ottawa University, Ottawa, KS. B.A. (Psychology)	1967

Saint Louis University, School of Social Service, College of Public Health and Social Justice, St. Louis, MO

Position:	Professor	2002-present
	Director	2005-2007
	Dean	1997-2005
	Associate Professor	1996-2002
	Interim Dean	1996-1997
	Assistant Professor	1992-1996
	Director, BSSW Program	1992-1996
	Field Instructor	1994-1996
	Secondary Appointments	Public Policy; Institute for Global Health and Wellbeing

Missouri Gateway Geriatric Faculty 1993-present
Saint Louis University, Gateway Geriatric Education Center.

University of Kansas, School of Social Welfare, Lawrence, KS

Position:	Instructor	1990-1992
	Field Instructor	1987-1990
	Field Liaison	1987-1990

Chapman College, Beale Air Force Base, Marysville, CA
Position: Instructor of graduate and under-graduate coursTBT1o990

Tebb, S. (1995). Coping Successfully: Cognitive Strategies for Older Caregivers. New York: Garland Publishing. (Invited)

(Peer reviewed unless noted as invited)

Berg-Weger, M., Tebb, S.C., Cook, C.A.L., Gallagher, M. & Flory, B. (2005). The research education partnership model: community, faculty and student partnerships in practice evaluation. In Soska, T. & Johnson, A.K. (Eds.), University-community partnerships: Colleges and universities in civic engagement. New York: The Haworth Press, Inc.

Behr, S.K. & Tebb, S.C. (2016). Families and aging: The lived experience (pp. 373-384). In K.F. Barney & M.A. Perkinson (Eds.). Occupational therapy with aging adults: Promoting quality of life through collaborative practice. Maryland Heights, MO: Elsevier

Curley, J. & Tebb, S. (2010). The Path to Healing: Sr. Jean Abbott. In A. Lieberman (Ed.) Women in social work who are changing the world.. Chicago, IL: Lyceum Books,INC.

Evens, W., Malkin, M., Miah, M., Nikolov, I., Welshimer, K., Tebb, S., Tracy, P. & Tracy, M. (2003). Russia-American summer university: An evolving coalition. In L. Healy, Y. Asamoah & M Hokenstad (Eds.), Models of International Collaboration in Social Work Education. Newbury Park: Sage. (Invited)

Gallagher, M.B., Cook, C.A.L., Tebb, S.S. & Berg-Weger, M. (2003). Practicing social justice: Community based research, education and practice. In J.J. Stretch, E.M. Burkemper, W.J. Hutchison & J. Wilson (Eds.), Practicing Social Justice. New York: Haworth Press.

Rathbone-McCuan, E., Tebb, S., & Harbert, T. (1991). Practice with older women caregivers in a D.V.A. medical center setting: A program application of feminist social work. In N. Hooyman, M. Bricker-Jenkins, & N. Gottlieb (Eds.), Feminist Social Work Practice in Clinical Setting: A Case Book. Newbury Park: Sage. (Invited)

Schmitz, C. & Tebb, S. (1999). The multiple faces and realities of single-parenthood: Support, diversity, and shifting demographic patterns. In C. Schmitz & S. Tebb (Eds.), The Unity and Diversity of Single Parent Families: Practice from the Strengths Perspective, Milwaukee, WI: Families International Incorporated.

Tebb, S., Berg-Weger, M. & Rubio, D. (2000). Well-being scale. In D. Royse (Ed), Program Evaluation (3rd ed), pp. 320-323. Pacific Grove, CA: Brooks/Cole Publishing Co. (Invited)

Tebb, S., Berg-Weger, M. & Rubio, D. (2012). Well-being scale. In Measurement Instrument Database for the Social Sciences (www.midss.org) National University of Ireland, Galway, funding from the Irish Social Sciences Platform.

Tebb, S. (1994). Client focused recording. In B.R. Compton & B. Galaway (Eds.), Social Work Processes (5th ed.). Belmont, CA: Wadsworth Publishing Company. pp.76-84. (Invited)

Tebb, S. (1999). The record of change: Client-focused recording. In B.R. Compton & B. Galaway (Eds.), Social Work Processes (6th ed.). Belmont, CA: Wadsworth Publishing Company. pp.116-121. (Invited)

Tebb, S. (1998). Well-being scale: An assessment tool for caregivers. In H.G. Rosenthal (Ed.), Favorite Counseling and Therapy Techniques. Washington D.C.: Accelerated Development. (Invited)

Tebb, S.C. (2001). Strength and resource support map. In H.G. Rosenthal (Ed.). Favorite Counseling and Therapy Howework Assignments: Leading Therapists Share Their Most Creative Strategies. Philadelphia, PA: Brunner-Routledge. (Invited)

Tebb, S. & Schmitz, C. (1999). Successful interventions with single parent families. In C. Schmitz & S. Tebb (Eds.), The Unity and Diversity of Single Parent Families: Practice from the Strengths Perspective, Milwaukee, WI: Families International Incorporated.

partnership: Community, faculty and student partnerships in practice evaluation. Journal of Community Practice 12(3/4).

Berg-Weger, M., Tebb, S., Henderson-Kalb, J., Zubatshy, M., Lundy, J., & Hayden, D. (2015). Cognitive stimulation therapy: A tool for your practice with persons with dementia? Journal of the American Medical Directors Assoiciation. 16(9). DOI:10.1016/j.jamda.2015.06.002. (Invited).

Clair, A., Tebb, S., & Bernstein, B. (1993). The effects of a socialization and music therapy intervention on self-esteem and loneliness in spouse caregivers of those diagnosed with dementia of the Alzheimer's type: A pilot study. The American Journal of Alzheimer's Diseases and Related Disorder and Research, 8(1), 24-38.

Gasker, J. & Tebb, S. (1995). Hearing the silences: Interactional analysis of a residential client's incest disclosure. Adult Residential Care Journal, 9(2).

Gallagher, M B., Cook, C.A.L.., Tebb, S.S., & Berg-Weger, M. (2003). Practicing social justice: Community based research education and practice. Social Thought., 48(2), 27-39.

Jivanjee, P. & Tebb, S. (1999). Contemplations of women and children in the developing and developed worlds, International Social Work, 42(1), 27-38.

Moisand, M.P. & Tebb, S.S. (1995). Healthy eating promotes a healthy caregiver. The American Journal of Alzheimer's Diseases and Related Disorder and Research, 10(3), 35-44.

Raber, M., Tebb, S., & Berg-Weger, M. (1998). Recruitment and retention of minority students in bachelor of social work programs. The Journal of Baccalaureate Social Work, 3(2), 31-49.

Rubio, D.M., Berg-Weger, M. & Tebb, S. (1999). Assessing the validity and reliability of two indicators of well-being and stress in family caregivers. Social Work Research 23(1), 54-64.

Rubio, D.M., Berg-Weger, M. & Tebb, S. (2001). Using structural equation modeling to test for multidimensionality. Structural Equation Modeling, 8(4), 613-

Reviewer, Families in Society, 1992-2001

Reviewer, Qualitative Social Work, 2009 to present.

1996 Child Welfare Training Program (Title IV-E)-Assistant Project Director.

1996

2006-09 Funded by VOICES Project, Faculty Sustainability Grant, entitled òCall to Action: Serving the Elderly (CASE)ó/M. Berg-Weger

2009-2010 Gero

The National Association for Music Therapy, Inc. Annual Conference, San Diego, CA, Nov. 23-26, 1991. "The Effect of Music Therapy in Caregiving Spouses in Couples with Dementia"(w/A.A. Clair and B. Bernstein).

The Department of Veterans Affairs, Washington D.C., August 1992. òPractice and Its Evaluation: Year Two Report of the VA Social Work Internship Projectó (E. Rathbone-McCuan & J. Wartman).

Alzheimerøs Association Annual Research Update, St. Louis, MO, November, 1996. òCaregiver Well-Being: Building on Strengthsó (M. Berg-Weger & D. Rubio).

Qualitative Research Committee Symposium of Saint Louis University, October, 1997, òFamily Caregivers on Well-Being: Listening to Their Storiesó (w/M. Berg-Weger & D. Rubio).

Alzheimerøs Association Annual Research Update, St. Louis, MO, November, 1997, òFamily Caregiver Well-Being: How Are You Doing?ó (w/M. Berg-Weger & D. Rubio).

Alzheimerøs Association Annual Research Update, St. Louis, MO, November, 1997, òPerceptions of Family Caregivingó.

Saint Louis Universityøs Ethics Across the Curriculum Workshop on Using Ethics Case Studies in the Classroom. Fall 1998, òData Collection: When You Get More Than You Asked For é ó (w/L. Parnell, M. Berg-Weger, D. Rubio).

Psychometrics Society in Valley Forge, PA.. 2001 òUnderstanding the differences between latent class analysis and factor analysis.ó (w/Rubio, & Berg-Weger).

Lee, M. Y., Raheimf1 24 700.18Tm[004F0044>8056<0056<0003>26044>5)19 Tm[004F0044>8056<0056<0018>6(4-8055>804AACID 9>BDC E

11th International Conference on Human Functioning, September 19, 1989, Wichita, KS., "An Aid to Empowering: Caregiver Well-Being Scale.

Siteman Breast Cancer Support Group, September 14, 2011, St. Louis, MO, "Managing Mood with Yoga".

Catholic Charities Continuing Education Program, October 11, 2011, St. Louis, MO, "Yoga and Mindfulness Training". (w. L. Brockhaus).

Midwest Chapter of the National Association of Professional Care Managers, October 22, 2011, Branson, MO, "Using Yoga to Manage Moods With Older Adults". (w. L. Brockhaus).

School of Social Work Continuing Education Workshop. September 13. 2013, School of Social Work Saint Louis University. "Ethical Decision Making with Older Adults: Contemporary Ethical and Legal Issues". (w.R. Banks).

Senior Response Team (monthly continuing education meetings), September 19, 2013, Westview Assisted Living, Ellisville, MO, "Helping Older Adults Cope with Additions: Sobriety Maintenance with Yoga ".

APM 2013, CSWE, November 2, 2013, Dallas, TX, "Integrative Mind-Body-Spirit Practice: Where is Social Work Education in This Emerging Paradigm?", (w/S. Raheim & M.Y. Lee).

Pathbuilders Program, Family Resource Center, February 28, 2014, Empowered Church, Spanish Lake, MO, "Using Movement and Breath for Wellness and Self-Care".

IAYTís SYTAR, Austin, TX, June 5, 2014, Common Interest Community Sessions on òMental, Emotional, and Spiritual Healthó, (w/A. Weintraub).

9th North American Conference on Spirituality and Social Work co-sponsored by the Canadian Society for Spirituality and Social Work and the Society for Spirituality and Social Work (USA) June 27, 2014 St. Thomas University Fredericton, New Brunswick, Canada, "Integrating Yoga into Social Work Practice", (w. J. McGeachy & K. Shafer).

Life Arc series sponsored by Pius X II Library, September 25, 2014, òCaregivers, Answers for the 21st Centuryó, (w/Schields-Cutler, N., Hanneke, J. & OíQuinn, J.)

Catholic Charities St. Louis CE, October, 22, 2014, "Care for Professionals: Evidence-based stress management". (w./L.Brockhaus).

Gerontology Society of America, Atlanta, GA. November, 2014, òPromoting Faculty Development in a Time of Scarce Resourcesó. (GEC Collaborative w/New Jersey, New York, Kansas and Missouri)

Project L.E.A.N. (live exercise attitude nutrition-11 week course for women in the transitional housing program at the YWCA), December 2, 2014, St. Louis YWCA.ñIntroduction to Yoga as a Mindful Lifestyleò

Journey to Wellness (8 month wellness program with 4 weeks of trauma sensitive yoga for women who have immigrated to the US), November and December, 2014, Center for Survivors of Torture and War Trauma. ñUsing Yoga to Manage Moodò

School of Social Work Saint Louis University Continuing Education Workshop, February 13, 2015, òIntegrating Yoga into Social Work Practiceó. (w/ L. Brockhaus).

Gateway Geriatric Education Center, March 7, 2015, Saint Louis University, òCognitive Stimulation Therapy (CST) Project: Train-the Trainer Initiativeó, (w/ J. Henderson-Kalb, J. Lundy , D. Hayden & J. Zublatsky.

The Pedagogical Exercises Institute: Ignatian Spirituality and Contemplative Practice for Enhanced Teaching and Learning, March 13, 2015, The Paul C. Reinert, S.J. Center for Transformative Teaching and Learning, Saint Louis University, òGuided Meditation Exercisesó.

2015 Illiana Regional Alzheimerís Conference. òChallenges, Choices, and Solutionsó, April 24, 2015, Urbana, IL. òCognitive Stimulation Therapy: A Mini Trainer Trainingó, (w/ J. Henderson-Kalb).

2015 Annual Conference for the Association on Aging with Developmental Disabilities, , May 19, 2015, St. Charles, MO, òLaughter Yoga for Consumersó and Laugher Yoga for Professionalsó.

Geriatric Grand Rounds, Saint Louis University, May 27, 2015, St. Louis, MO, òCognitive Stimulation Therapy: Making Difference for People with Dementiaó, (w/ J. Henderson-Kalb).

2015 Annual SYTAR (Symposium on Yoga Therapy and Research) for International Association of Yoga Therapists

(IAYT), June 4, 2015, Newport Beach, CA, òThe Role of Specialty Programs in Yoga Therapy Training, (w/ B. Gold-Berstein; L. DeSorcy; L. Jacobson; C. Marcella; K. Ross-Allee; C. Wen; M. McManus; M. Northey.

26th Annual Saint Louis University Summer Geriatric Institute. òCreating Communities for Aging Sucessfullyó, June 8, 2015, St. Louis, Mo, òYield Ownership Grow Awareness-YOGA!ó

26th Annual Saint Louis University Summer Geriatric Institute. òCreating Communities for Aging Sucessfullyó, June 9, 2015, St. Louis, Mo, òCognitive Stimulation Therapy (CST)ó, (w/ J. Henderson-Kalb; J. Lundy; D. Hayden).

26th Annual Saint Louis University Summer Geriatric Institute. òCreating Communities for Aging Sucessfullyó, June 9, 2015, St. Louis, Mo, òInterprofessional Team Practice Applicationó, (w/ H. Lach; J. Palmer; M. Berg-Weger; J. Head; B. Stone; C. Matlock; K. Levenhagen; K. Health; M. Little).

School of Social Work Continuing Education Workshop. September 11 2015, School of Social Work Saint Louis University. òEthical Perspectives On Older Adult Transitions: Implications for Social Work Practiceó,
(w/ M. Berg-Weger).

Chestnut Hill Systems Health Fair, September 18, 2015, Belleville, IL, òIntegrative Yoga and Mindfulness Techniques into Practice and Self-Careó, (w/L. Brockhaus).

Yoga Buzz, September 20, 2015, Maplewood, MO, òTrauma Informed Yogaó, (w/L. Brockhaus, K. Upshur & C. Prather).

SLU Interprofessional Scholars Symposium, September 24, 2015, Saint Louis University, St. Louis, MO, "Cognitive Stimulation Therapy: Extending the Lifelong Process With or Without Exercise". (w/M. Berg-Weger, D. B. Stewart, M. Sakomoto, K. Roselle, L. Downing, J. Lundy, D. Hayden).

APM 2015, CSWE, October, 16, 2015, Denver, CO, "Riding a Frontier of Change: Cognitive Stimulation Therapy and Movement or Medication?", (w/M. Berg-Weger),

Social Work Leaders in Healthcare meeting, St. Louis, MO, January 12, 2016, òCognitive Stimulation Therapy: Making a Difference for People with Dementiaó. (w/D. Stewart).

AGHE Conference, March 4, 2016, Long Beach, CA. òMaking a Difference with Cognitive Stimulation Therapy (CST) and Exerciseó. (w/M. Berg-Weger),

Integrative Yoga Therapy training May 7, 2016, Kripalu Center, Stockbridge, MA, "Integrating Yoga into Mental Health Counselingó.

27th Annual Saint Louis University Summer Geriatric Institute. òGeriatrics in Practiceó, June 6, 2016, St. Louis, Mo, òCaregiver well-beingó, (w/ J. Zubatsky).

Grantwinner Award for Excellence in Research Collaboration presented by The Office of Research and Innovation 2008 (w/ John Morley & Nina Tumosa for the Center for Aging Successfully).