

WINTER  
2023

# Cura Per

SLU prioritizes well-being

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AS WE WELCOME THE NEW YEAR, I HAVE

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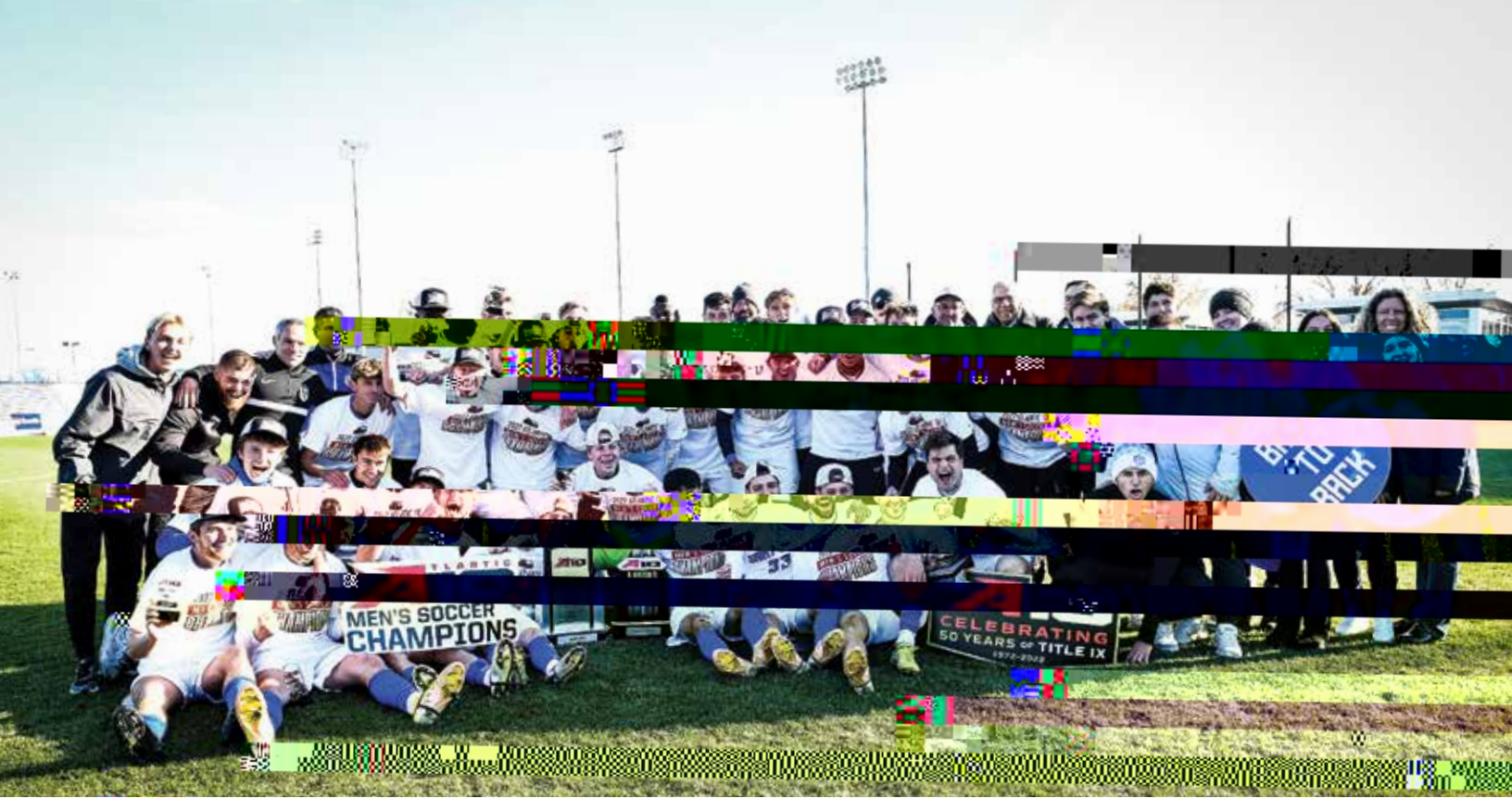


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A CULTURE OF CURA PERSONALIS









### Chess Team Honored for Historic Season



### SLU-Madrid Expands Its Footprint

Saint Louis University's Madrid Campus will be getting more classroom, work and student lounge space.

Dr. Paul Vita, director and academic dean, announced news of the expansion in June. "Saint Louis University has purchased an additional property for its Madrid campus, approximately 1,000 square meters of multi-use space, located on Calle Maestro Ángel Llorca, 6," Vita said.

The Madrid campus had been searching for additional facilities for three years. The goal is for the new space to open in fall 2024.

#### TRUSTEES

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McMahon (A&S '80) is the rector of SLU's

Jesuit Center, as well as the canonical

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In addition to making several strategic leadership hires over the past year, Anderson co-chaired the Student Well-being Task Force.

The task force convened in the fall of 2021. Co-chaired by Dr. Ellen Barnidge (Grad PH '05, '08), interim dean and associate professor in the College for Public Health and Social Justice, the group comprised about 30 people across the University who spent the last academic year assessing SLU's well-being environment and developing recommendations to improve it.

In addition to reviewing the resources SLU already had and considering data, trends and best practices, the task force conducted approximately 20 listening sessions with stakeholders across the University.

"We were able to engage the community in ways that



## HELP WANTED

Even before the task force released its draft report, the University prioritized campus well-being. Many of these changes were prompted by the ongoing realities of the COVID-19 pandemic.

"As difficult as this past year has been, there's been such support across the institution. There are a lot of good things going on," Anderson said.

The University Counseling Center (UCC) has seen increased service demand. During the 2020-21 school year, the number of appointments (including virtual ones) skyrocketed to more than 5,000. Although that number dropped over the last year, the UCC still provides more counseling appointments than in pre-pandemic years.

To adjust to the student body's needs, the UCC looked at its systems and availability. They added several counselors. They began offering a 24-7 triage line (via an outside telehealth company) so that students can access care anytime they need it. The staff also started paying more attention to the particular needs of the students they serve, including graduate, medical and law students.

"How do we make it more convenient for students to have services nearby, particularly if they spend a good portion of their time at one of our other campuses?" Anderson said.

"We also wanted to think expansively around what well-being is for different domains," Knieba Jones-Johnson, director of the UCC, said. "Whose voices are we not paying attention to? Who are the historically excluded groups of students that, because of race, religion, identity, have been ignored and are suffering because of it?"

On its website, the UCC has specific lists of mental health resources for students of color and LGBTQIA students. Jones-Johnson is working with SLU's Div. 4 (v. 4-1-t) 20-620-1633.

“You have to be able to slow down to develop the capacity for resilience,” Jones-Johnson said.

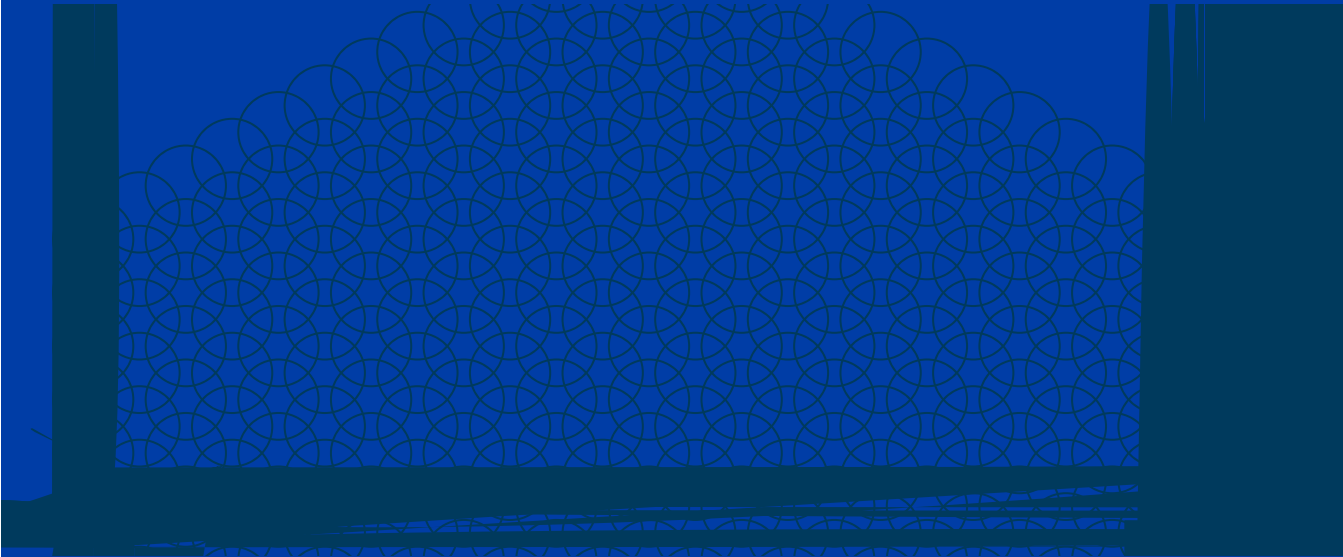
“There’s academic demand and rigor, but the result of that can be poor mental health and well-being. How do we resolve that?” she asked. “We allow and permit — and actually, not just allow and permit, but encourage and promote — rest, recuperation and rejuvenation.”

Dr. Katie Heiden-Rootes (Med '14), associate professor in the Medical Family Therapy Program, director of clinical services for the Center for Counseling and Family Therapy and assistant vice president for research in the Division of Diversity and Innovative Community Engagement, agreed.

“But those things are not a panacea,” she said. “It’s like when you pull off a valve and let steam out, but then you put it back on. Wellness days are good for letting off steam, but they don’t remove the pressure on our students.”

She suggested a change in the way faculty relate to students.

“We need to create an environment in which students feel supported and see













# DEEPLY INVE

Overseeing an institution's collection of financial assets carries **great responsibility**.

For Zoe Pezold (CSB '14), it also carries **great privilege**.

Pezold was among a prestigious group of undergraduate finance students given the responsibility of managing \$2.5 million of Saint Louis University's endowment as part of

## BUY, SELL, HOLD

Each APM student analyzes a sector of the economy and two or three or stocks within that sector. Some of the stocks already may be in the University's port-

“The hands-on experience helped me develop skills that only a select number of students have an opportunity to build.” PEZOLD

Larry Pfeffer (CSB '10), an equity sector analyst at Wells Fargo in St. Louis, took the APM course during his senior year while interning



The University entered two teams composed of 2021 APM students, including Dowell and Pezold, in the competition. Under the direction of Doellman and Bansal, the teams placed first and second in the St. Louis regional competition — a first for the University. Dowell's team also was one of only 17 teams to advance to the Americas regional competition, which included teams from South, Central and North America. It is the farthest a SLU team ever has advanced in the competition.



“We let them know that this course places a huge responsibility on their shoulders and requires a level of commitment greater than what they may be accustomed to,” he said. “If they are not ready to put in many, many hours of work outside the classroom, they should walk away.”

Pezold said she spent more than 120 hours outside the classroom working on her APM assignments. Dowell also recalls putting an immense amount of time into his reports.

was proportionally more insightful and useful.”

### BENCHMARKS

Bansal said ample anecdotal evidence demonstrates the positive impact of APM on student success.

He noted that APM students have “stellar placements,” upon graduation. All 2021 APM alumni secured jobs or advanced to higher education. Pezold interviewed with multiple companies and received several offers before deciding to join Equifax. Dowell was accepted into the doctoral program in

to hire APM alumni or students considered to be APM material.

Bansal said APM students also led the University to success in the annual

lyze publicly traded companies, prepare a written report on their assigned

Another bonus for students that positions them for success: APM is a required course for students in the financial analysis track. And the rigorous curriculum covers 70% of the material on the Chartered Financial Analyst Level 1 Exam — the first of three exams needed for an individual to be credentialed as a CFA.

Bansal and Doellman received the dean's 2022 Curriculum Innovation Grant for their cultivation of the APM course, the finance department's flagship program in experiential learning and student success. They plan to use the financial award as seed capital to establish the APM fund to support student scholarships.

### THE FINAL DECISION

Based on Pezold's analysis and recommendations, the 2021 APM class chose to keep Disney and Netflix stock in SLU's portfolio and increased the portfolio's weight in the communication services sector. Based on Dowell's recommendations, the students chose to replace Honeywell with Federal Signal and increased the portfolio's weight in the industrial sector.

UTAS





**Jack Dauner** was honored in June by the French Foreign Legion for his service in World War II. Dauner served in the 9th Infantry Division in 1944. After that, he earned degrees from the University of Iowa and SLU, where he later taught. He wrote more than 150 scholarly articles on marketing and sales, wrote three books and founded a consulting firm before retiring. He lives in Pinehurst, North Carolina.

**Dr. Lynn Beckwith Jr.** has been president of the board of trustees for the St. Louis County Library District since 2010. In his honor, the library's new administrative building in Frontenac, Missouri, was named the Lynn Beckwith Jr. Administrative Building.

**Sarwar Kashmeri** published "The Telegram: A China Agenda for President Biden," a report for the Foreign Policy Association, where he is a fellow. He is also the author of *China's Grand Strategy: Weaving a New Silk Road to Global Primacy* and founder/host of "America and China in the World," a weekly live







**Brad Henry**, A&, is director of operations of IPI Wealth Management in Quincy, Illinois. He joined

**Dr. Kathy Lund Dean**

210, published

*Course Design and*

*Assessment* in 2022. Her

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**Dr. José  
Mariano  
Sánchez**

A&S, a  
professor  
emeritus of

history, died Sept. 29, 2022. He was 89. Dr. Sánchez taught at SLU from 1960 until retiring in 2004. He was department chair from 1971-74. He was admired by students for his knowledge and wit in courses on western civilization, 20th-century European history, Spain, and the Spanish Civil War. Each year SLU's Department of History honors an outstanding teaching assistant with the José Sánchez Teaching Award.

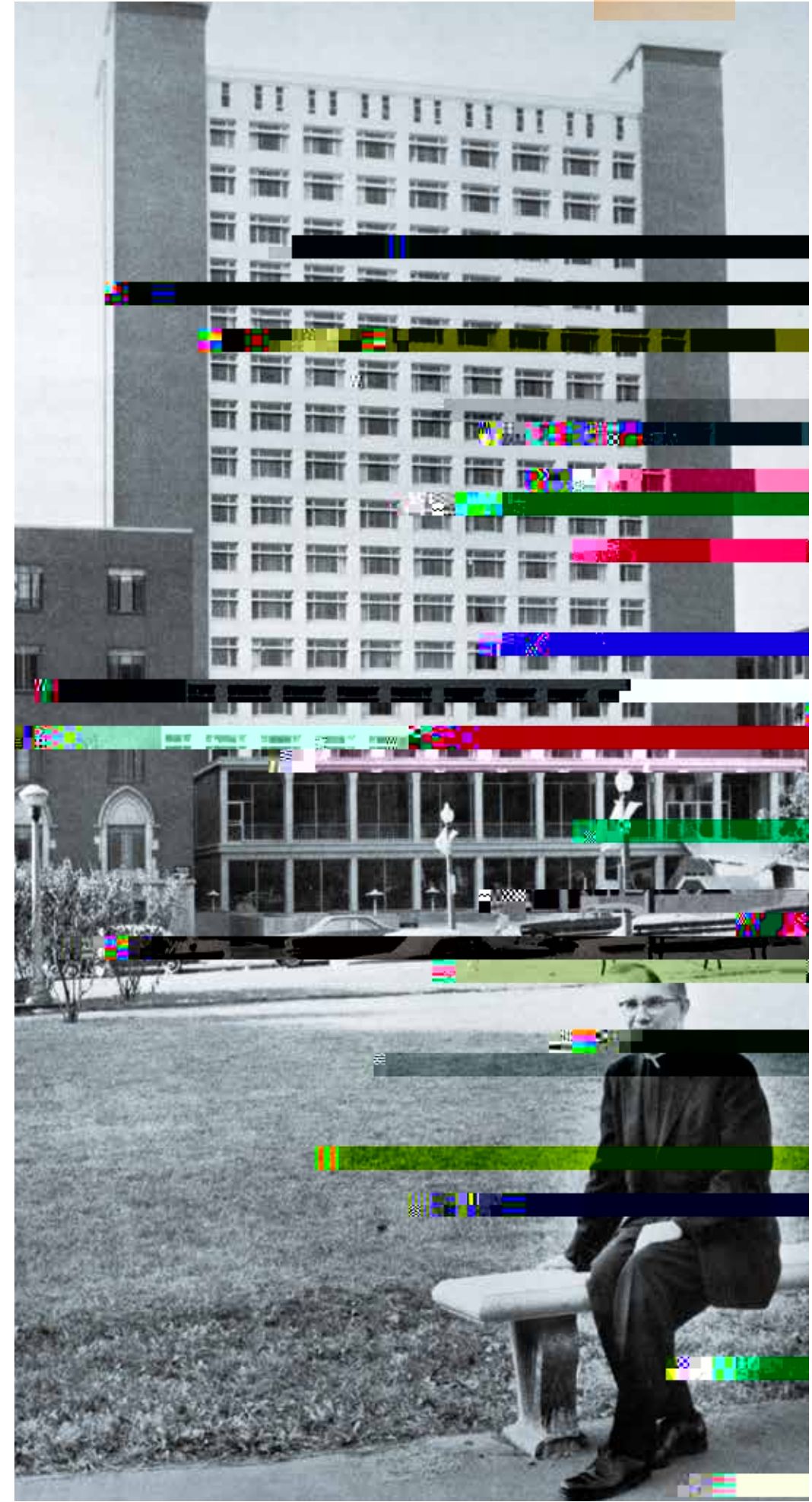


This list of deceased alumni was compiled by SLU's Office of Research and Development Services. If you have a question or would like more information about an "In Memoriam" listing, please send an













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